

SIGNPOSTING GUIDE

to services addressing
gender-based violence
nationally and locally
in Bristol

Zero Tolerance
BRISTOL



www.bristolzerotolerance.com/help-advice

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999

If you believe a person is in immediate danger, **call 999** straight away. You can also call 101 or visit your local police station.

Introduction

Zero Tolerance **BRISTOL**

Bristol Zero Tolerance is an initiative working towards Bristol becoming a city free from gender-based violence, abuse, harassment and exploitation. Bristol is the first city in England to take on this challenge and we hope that it will inspire other cities to implement similar initiatives.

Gender-based violence has a high cost – it costs lives as well as restricting opportunities and perpetuating inequality. It affects everyone in Bristol, not only those who directly experience it, but also their families, communities and our economy.

Bristol Zero Tolerance hopes to raise awareness about what gender-based violence, abuse, harassment and exploitation entails and to work towards creating a city with a Zero Tolerance to this behaviour, ultimately preventing it from happening in the first place.

This Signposting Guide is designed to provide information about the local and national services you can contact if you are experiencing gender-based violence or abuse, if you are concerned about another person who might be at risk, or if you are a professional looking to refer someone to a specialist service.

There is also information available on the BAVA (Bristol Against Violence and Abuse) website: www.bava.org.uk.

Domestic Violence and Abuse

Bristol Zero Tolerance use the cross-government definition of domestic violence and abuse to define abuse as any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse which can encompass, but is not limited to, psychological, physical, sexual, financial or emotional violence and abuse.

The perpetrator may be someone you are in a relationship with, a family member or an ex-partner. Anyone can experience abuse, irrespective of their age, race, income, religion, belief, sex, disability, culture or sexual orientation.

Main contacts locally

Next Link

Provides a range of support and housing services to women and children experiencing domestic abuse. These include safe houses/ refuges, children's services, resettlement and outreach services, a crisis response service, the IRIS service for GPs, and dedicated black and ethnic minority services.



Tel: 0117 925 0680

Email: enquiries@nextlinkhousing.co.uk

www.nextlinkhousing.co.uk

North Somerset and Somerset Local Domestic Abuse FreeFone Service (DAFFS line)

From 9am to 6pm on weekdays, this number is answered by Gemini Services who provide local support. Callers can get advice and contact details for the best North Somerset and Somerset service for anyone, male or female, affected by domestic abuse.

Tel: 0800 694 9999

Northern Arc (North Bristol) and Southern Arc (South Bristol)

Offers support in North and South Bristol for women in abusive relationships. They can help you consider what your choices are to become safe and can also support you if you wish to use the criminal justice process to prosecute the perpetrator.



Tel: 0117 982 2495

Email: northernarc@nextlinkhousing.co.uk

www.northern-arc.com



Tel: 0117 353 3853

Email: southernarc@nextlinkhousing.co.uk

www.southern-arc.com

Bristol Freedom Programme

A free 12-week programme for women who have experienced or continue to experience domestic abuse. The aim is to help victims make sense of and understand what has happened to them by looking at the tactics used by perpetrators to control and coerce. It is a rolling programme which means women can join at any time, most courses have a crèche, and all are open to women from any Bristol area. There are also peer support groups and a group for 13–19 year olds.



To access these groups contact the

Next Link telephone advice helpline:

Tel: 0177 925 0680

**[https://nextlinkhousing.co.uk/
group-programme](https://nextlinkhousing.co.uk/group-programme)**

Domestic Violence and Abuse

Bristol Royal Infirmary Emergency Dept, Independent Domestic and Sexual Violence Advisers (IDSVA) Service

Provides support for male and female victims/survivors including crisis intervention, risk assessment and advocacy.

University Hospitals
Bristol
NHS Foundation Trust



They are available Monday to Sunday (including bank holidays) from 9am–5pm
Tel: 0117 342 1495 or 0117 342 1496

Bristol Men's Domestic Abuse Project

This service, provided by Victim Support, is available to male victims, and those who identify as male, irrespective of ethnicity, sexual orientation, age, economic status, immigration status, disability or religion. It supports male victims fleeing 'honour' based violence and forced marriage, and also supports gay, bisexual and transgender victims of domestic abuse.

The service is confidential and does not require the survivor to report to the police. Referrals can be made directly into the service.



Tel: 0300 303 1972

Mobile: 07432 504692

Email: [bristolmens.dasupport](mailto:bristolmens.dasupport@victimsupport.org.uk)

@victimsupport.org.uk

www.victimsupport.org.uk/help-and-support/get-help/support-near-you/south-west/avon-and-somerset

Victim Support in Avon & Somerset

Offers free confidential support to male and female victims of all crimes including domestic abuse. They also provide support to friends, family and any other people involved. You can talk to them whether or not you reported the crime to the police, and no matter how long ago the crime took place.

If you've been affected by crime, call the Avon & Somerset victim care team on 0300 303 1972. Lines are open 9.30am–6pm Monday to Friday, and 9am–12pm on Saturdays. If you need out-of-hours support, call the Supportline for free on 08 08 16 89 111.



Normal opening hours for the Supportline are:
Weeknights: Monday to Friday 8pm–8am;
Weekends: 24-hour service
www.victimsupport.org.uk

Main contacts **nationally**

National Domestic Abuse helpline

Run in partnership between Women's Aid and Refuge, a helpline for women experiencing domestic violence, their family, friends, and people calling on their behalf. They can give support, help and information over the telephone, wherever the caller might be in the country.



The helpline is free and available
24 hours a day, 7 days a week
Tel: 0808 2000 247

www.nationaldomesticviolencehelpline.org.uk

Domestic Violence and Abuse

Men's Advice Line

Offers confidential advice, information and support to men experiencing domestic violence and abuse, as well as to concerned friends and family and frontline workers.



Monday–Friday, 9am–5pm, free to call from most mobile phone networks

Tel: 0808 801 0327

Email: info@mensadvice.org.uk

www.mensadvice.org.uk

Respect

Supports male and female perpetrators of domestic violence, and young people who use violence and abuse at home and in relationships. Their confidential helpline offers advice, information and support to help perpetrators stop being violent and abusive to their partner.



Monday–Friday, 9am–5pm, free to call from most mobile phone networks

Tel: 0808 802 4040

Email: info@respectphoneline.org.uk

www.respectphoneline.org.uk

National Lesbian, Gay, Bisexual and Trans* (LGBT) Domestic Violence Helpline

Provides support to all members of LGBT communities, their family, friends, and agencies supporting them by phone, email or webchat. The helpline is run by trained LGBT people and provides a space where you can talk through what is going on, and explore your options.



The helpline is free to call and is open:
10am–5pm, Monday, Tuesday and Friday |
(1pm–5pm Tuesday is a trans* specific service)
10am–8pm, Wednesday and Thursday
Tel: 0800 999 5428
Email: Help@galop.org.uk
www.galop.org.uk

Trans* is an umbrella term that refers broadly to all non cis-gendered identities.

You can **dial 141** to hide your number, but please check with your network provider as this does not work on some mobile networks.

141

Female Genital Mutilation (FGM)

Female genital mutilation (sometimes referred to as female circumcision or female genital cutting) is a procedure that intentionally alters or causes injury to the female genital organs for non-medical reasons.

There are a number of organisations that specialise in FGM support and advice both locally and nationally.

If you believe a child is at risk of FGM, you should contact:
Bristol's First Response on 0117 903 6444 (see 'Children and Young People' section, page 27)

Main contacts locally

Bristol Community Rose Clinic at Eastville Medical Practice

Provides specialist medical help and support for women experiencing any health problems as a result of FGM. They can also carry out 'opening' surgery under local anaesthetic or can arrange for the surgery at a local hospital under general anaesthetic.



Tel: 07813 016 911

Email: bristolrose.clinic@nhs.net

www.bristolccg.nhs.uk/fgm

Refugee Women of Bristol

Provide advice and advocacy on domestic abuse and FGM for refugee and asylum-seeking women.



Tel: 01179 145 867

Email: info@refugeewomenofbristol.org.uk

www.refugeewomenofbristol.org.uk

Main contacts **nationally**

NSPCC FGM helpline

A FGM telephone helpline offering advice, information and support to anyone concerned that a child's welfare is at risk because of female genital mutilation.

NSPCC

The helpline is free to call and available 24 hours a day, 7 days a week

Tel: 0800 028 3550

Email: fgmhelp@nspcc.org.uk

www.nspcc.org.uk

FORWARD

Provides support and campaigns to safeguard the sexual and reproductive health and rights of African girls and women. You can contact them for information on services available and one-to-one support if you or someone you know is at risk of FGM.

F→RWARD
Safeguarding rights & dignity

Monday–Friday, 9.30am–5.30pm

Tel: 0208 960 4000

Email: support@forwarduk.org.uk

www.forwarduk.org.uk

Forced Marriage

The UK Government states that “a forced marriage is where one or both people do not (or in cases of people with learning disabilities, cannot) consent to the marriage and pressure or abuse is used”.

Forced marriage can occur irrespective of religion or cultural beliefs, and should not be confused with ‘arranged’ marriages where families are involved in helping to choose partners, but the decision to marry or not is still made by the two people who are to be married. A forced marriage removes that choice.

Main contacts **locally**

The Sky Project

Provides information, training and support for a range of professionals as well as communities, schools, colleges, and individuals on issues around forced marriage. In association with the Forced Marriage Unit and Bristol Against Violence and Abuse (BAVA), they aim to provide an understanding of the background of the practices of forced marriage and ‘honour’-based abuse, coupled with the latest information and guidance on legislation and principles of victim support.



Email: skyproject@hotmail.co.uk
www.skyproject.org.uk

Next Link

Next Link also have a specific forced marriage service, please see their contact details on page 4 and at www.forcedmarriageadvice.co.uk



Main contacts **nationally**

Henna Foundation

Provides advice and support to Muslim women, children and their families, including agencies who support them, on forced marriage, 'honour'-based abuse and violence.



Monday–Friday, 10am–5pm
Tel: 029 2049 6920
Email: info@hennafoundation.org
www.hennafoundation.org

Karma Nirvana

Confidential helpline supporting victims and survivors of 'honour'-based abuse and forced marriage, including FGM, domestic abuse and sexual violence. Supporting people of all genders and ages.



Monday–Friday, 9am–5pm
Tel: 0800 5999 247
Email: info@karmanirvana.org.uk
www.karmanirvana.org.uk

The Foreign & Commonwealth Office (FCO) Forced Marriage Unit

Provides advice, support and information and intervene for safety if necessary. It operates both inside the UK, where support is provided to any individual, and overseas, where consular assistance is provided to British nationals, including dual nationals.



Tel: 0207 008 0151

Forced marriage

Email: fm@fco.gov.uk

www.gov.uk/guidance/forced-marriage

'Honour'-Based Abuse

So called 'honour'-based abuse are practices that are used to control behaviour within families or other social groups to protect perceived cultural and religious beliefs and/or honour.

'Honour'-based abuse is against the law and there are a number of support services available to offer advice, guidance and support, including **Next Link**, **The Sky Project**, **Henna Foundation**, **Karma Nirvana** and the **Forced Marriage Unit** (see contact details on pages 12–13).



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Human Trafficking and Modern Slavery

The National Crime Agency define human trafficking as “the movement of a person from one place to another into conditions of exploitation, using deception, coercion, the abuse of power or the abuse of someone’s vulnerability”.

Human trafficking can take place across international borders or within countries, and can include forced labour, sexual exploitation or domestic servitude.

Modern slavery includes people exploited as above who are not moved from one location to another.

Main contacts locally

Unseen UK

Works to challenge human trafficking at all levels. If you are a frontline professional, you can contact Unseen’s RIO (Resettlement, Integration and Outreach) Team for advice about a potential victim and further information about the services available in the South West.



Tel: 0300 0200 290
Email: rio@unseenuk.org
www.unseenuk.org

Human Trafficking and Modern Slavery

Main contacts **nationally**

National Modern Slavery Helpline

A 24-hour confidential helpline for frontline professionals, members of the public, and victims of trafficking. Anyone can call to ask for advice and guidance, or to report their concerns.



Tel: 0800 0121 700

You can also make a report online at

www.modernslaveryhelpline.org/report

The Salvation Army

Is the main contract holder for the coordination of care for adult victims. It operates a 24-hour confidential referral line as a First Responder into the NRM (National Referral Mechanism) for anyone who is concerned about someone else being a victim of trafficking and for people who consider themselves victims of trafficking and are in need of assistance.



Tel: 0300 303 8151

[www.salvationarmy.org.uk/
modern-slavery](http://www.salvationarmy.org.uk/modern-slavery)

NCA Modern Slavery and Human Trafficking Unit (MSHTU)

The MSHTU provides information and guidance about trafficking and relevant legislation.



Tactical advice line available 24 hours a day,
7 days a week

Tel: 0844 778 2406

Email: modern.slavery@nca.x.gsi.gov.uk

www.nationalcrimeagency.gov.uk/news/news-listings/95-nca-website/about-us/what-we-do/specialist-capabilities/156-contact-mshtu

Rape and Sexual Violence

Sexual violence and abuse is not just rape, it can be anything from being touched inappropriately to comments in the street, through to penetrative sex (the legal definition of rape). It can be historic or recent abuse.

Main contacts **locally**

The Bridge (Sexual Assault Referral Centre – SARC)

Aims to empower and support all victims of rape and sexual assault, helping survivors make their own decisions about appropriate support and care. They provide emotional and practical support, including forensic medical examinations and specialist counselling.



This is a free and confidential service

Tel: 0117 342 6999

Email: ubh-tr.thebridgecanhelp@nhs.net

www.thebridgecanhelp.org.uk

Somerset and Avon Rape and Sexual Abuse Support (SARSAS)

Provides support to women, girls, men and boys who have experienced rape or any kind of sexual assault or abuse at any time in their lives.



Helpline: **Women and girls**

Monday and Friday, 11am–2pm,

Tuesday, Wednesday and Thursday, 6pm–8.30pm

Tel: 0808 801 0456

Helpline: **Men and boys**

Monday 11am–2pm, Tuesday 6pm–8.30pm

Tel: 0808 801 0464

Email: info@sarsas.org.uk

www.sarsas.org.uk

Rape and Sexual Violence

SAFE Link Rape and Sexual Assault Service

Provides an Independent Sexual Violence Advisors (ISVA) service to offer emotional and practical support and help with reporting to the police, going to court and advocating on behalf of people who have experienced rape and sexual violence.



Monday–Friday, 9am–5pm

Tel: 0333 323 1543

Email: safe.link@safelinksupport.co.uk

www.safelinksupport.co.uk

The Green House Bristol

Provides a free counselling and psychotherapy service to anyone who has experienced the trauma of sexual abuse or rape at any time in their life.



Tel: 0117 935 1707

Email: info@the-green-house.org.uk

www.the-green-house.org.uk

Kinergy

Offers a confidential counselling service to anyone over 16 years old who has experienced sexual abuse or rape. They provide a safe, accepting and supportive environment to talk about the past, enjoy the present and look forward to the future.



Tel: 0117 908 7712

Email: contact@kinergy.org.uk

www.kinergy.org.uk

Womankind

Offers confidential and professional counselling alongside a telephone helpline service for women who have been sexually abused or raped.



The helpline is open:
Monday–Friday, 10am–12pm
Monday and Tuesday, 8pm–10pm
Tuesday and Wednesday, 1pm–3pm
Tel: 0345 4582914 or 0117 9166461
Email: info@womankindbristol.org.uk
www.womankindbristol.org.uk

Southmead Project

Provides free therapeutic and practical support to adults who were abused as children and who have turned to drugs, alcohol and other ways of self-harming as a consequence of that trauma.



Tel: 0117 950 6022
Email: Southmead_project@yahoo.co.uk
www.southmeadproject.org.uk

999

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Rape and Sexual Violence

Self Injury Support

Provide help for girls and women who harm themselves (often called self-injury or self-harm) which is how some people cope with their feelings and problems. They run a multi-channel self-injury support service through phone, text, email and webchat. Also offer online self-help tools and information to download.



Open Tuesday–Thursday, 7pm–9.30pm
Tel: 0808 800 8088
Text: 0780 047 2908
Email: info@selfinjurysupport.org.uk
Email and webchat through the website
www.selfinjurysupport.org.uk

Main contacts **nationally**

Survivors UK

Offers telephone and online counselling nationally and an ISVA service for men who have been raped or sexually abused at any time in their lives, and for families and friends. An online helpline is accessible through the website.



The service is open on Thursdays, 7pm–9pm
Tel: 0117 907 7100
Email: info@survivorsuk.org
www.survivorsuk.org

National Association of People Abused in Childhood (NAPAC)

A free support line is staffed by trained volunteers, who can help you come to terms with what happened in childhood and find ways of repairing the harm.



The National Association for
People Abused in Childhood

Tel: 0808 801 0331

Monday–Thursday, 10am–9pm,

Friday 10am–6pm

Email: support@napac.org.uk

<https://napac.org.uk>



Zero Tolerance
BRISTOL

The Help and Advice section on the Bristol Zero Tolerance website also gives updated information on a selection of support services and organisations that are available either locally or nationally:

www.bristolzerotolerance.com/help-advice

You can also get involved in the initiative as an individual at www.bristolzerotolerance.com/take-action/take-action-as-an-individual

Or, as a business or organisation at www.bristolzerotolerance.com/take-action/take-action-as-an-organisation-or-business

Sex Work

Sex work is a term used to describe a wide range of activities relating to the exchange of money, goods or services, either regularly or occasionally, for the provision of a sexual service.

There are organisations that offer support, outreach and guidance to people who are sex workers and those who wish to leave the industry.

Main contacts **locally**

One25

Reach out to women trapped in street sex work and support them in building new lives away from violence, poverty and addiction. They provide night outreach and a drop-in centre, giving person-centred support and advocacy to women seeking help.



Tel: 0117 909 8832
Email: office@one25.org.uk
www.one25.org.uk

Beloved

Offer support to women working in massage parlours in Bristol and surrounding areas, and are affiliated with Beyond the Streets.



Email: info@beloved.org.uk
<https://beloved.org.uk>

Main contacts **nationally**

National Ugly Mugs (NUM)

Addresses violence against sex workers by providing greater access to justice and protection for sex workers who are often targeted by dangerous individuals but are frequently reluctant to report these incidents to the police.



Tel: 0161 629 9861

Email: admin@uglymugs.org

<https://uknswp.org/um>

Beyond Support

A free confidential call-back support service for women in the sex industry run by Beyond the Streets.



Tel: 0800 133 7870

Email: support@beyondthestreets.org.uk

www.beyondsupport.org.uk

There are other organisations locally and nationally that offer support to sex workers who experience gender-based violence and abuse, including **The Bridge**, **SARSAS**, **SAFE Link**, **The Green House**, **Womankind** (contact details on pages 17–19).



Street and Sexual Harassment

Gender-based harassment includes unwanted comments, gestures, and actions forced on a stranger in a public place, such as the street, without their consent and directed at them because of their real or perceived gender (whether male, female or non-binary). At the core of this kind of harassment is a power dynamic that constantly reminds historically subordinated groups of their vulnerability to violence in public spaces and also reinforces the sexual objectification of these groups in everyday life.

Street harassment includes unwanted whistling, leering, sexist, homophobic, biphobic or transphobic slurs, persistent requests for someone's name, number or destination after they've said no, sexual names, comments and demands, following, flashing, public masturbation, groping, sexual assault, rape and hate crimes.

Sexual harassment is any unwanted behaviour of a sexual nature and can be verbal, written or physical and perpetrated by people you know such as a partner, colleague or friend, or by a stranger. It can occur anywhere, for example in the street, at work or in school. Various organisations can support you if you feel you have experienced sexual harassment.

Main contacts locally

Citizens Advice Bristol

Offers free, confidential and independent advice to help people resolve legal, money or other problems.



Tel: 03444 111 444
www.bristolcab.org.uk

SARI Hate Crime Reporting Line

Service available for victims of any type of hate crime, including age-based, disablist, faith-based, gender-based, homophobic, racist, or transphobic hate crimes. Victims will receive free, confidential, specialist advice, and casework support will be tailored to individual needs and experiences.



Tel: 0800 171 2272

Email: sari@sariweb.org.uk

www.sariweb.org.uk/help-support/online-reporting-form

Bristol Hate Crime & Discrimination Services

Bristol Hate Crime & Discrimination Services is a collaboration of six partner organisations brought together to provide a complete service for victims of hate crime in Bristol. It is led by **SARI (Stand Against Racism & Inequality)**, together with **Bristol Mind**, **Brandon Trust**, **LGBT (Lesbian, Gay, Bisexual & Transgender) Bristol**, the **Avon & Bristol Law Centre**, and **Bristol Mediation**.



www.bhcds.org.uk

SARSAS and **Victim Support** also offer advice and support on sexual and other harassment (see contact details on p17 and 7).



Also see **The Bristol Street Harassment Project** for local action around this issue

www.facebook.com/BristolStreetHarassmentProject

Main contacts **nationally**

National Stalking Helpline

Anyone who is made to feel harassed or intimidated by the behaviour of another person can contact the helpline.



Monday–Friday, 9.30am–4pm
(except Wednesday, 1pm– 4pm)
Tel: 0808 802 0300
Email: advice@stalkinghelpline.org
www.stalkinghelpline.org

ACAS (The Advisory, Conciliation and Arbitration Service)

Provides free and impartial information and advice to employers and employees on all aspects of workplace relations and employment law, including harassment in the workplace.



Monday–Friday, 8am–8pm and
Saturday, 9am–1pm
Tel: 0300 123 1100
www.acas.org.uk

Hollaback

Focuses on ending street harassment powered by a network of local activists around the world. They work together to better understand harassment, to ignite public conversations, and to develop innovative strategies to ensure equal access to public spaces.



www.ihollaback.org

Children and Young People

Within Bristol there are various organisations that exist to support children and young people specifically with gender-based violence and abuse.

Main contacts locally

First Response

Available for anyone who is concerned about a child or young person. They can provide information, advice and guidance and make referrals to other support services.



Tel: 0117 903 6444

www.bristol.gov.uk/firstresponse

Barnado's BASE

Provides free and confidential advice, information and support for young people at risk of sexual exploitation or those who are in an unsafe sexual relationship. Workers at BASE are trained to work with young people who are experiencing high levels of trauma and distress, and whose behaviours reflect this.

**Believe in
children**



Barnardo's

Tel: 0117 934 9726

Email: ella.remes@barnardos.org.uk

www.barnardos.org.uk/basebristol

Julian House

Offer a children's and young person's domestic violence and abuse service made up of a specialist team who offer practical and emotional support, information and education for children and young people who are experiencing or have experienced domestic abuse.



Tel: 0117 942 4986

Email: cyp.service@julianhouse.org.uk

www.julianhouse.org.uk/projects-and-services/domestic-abuse/children-and-young-peoples-service.htm

Off The Record

Offers free and confidential information, advice and counselling on all issues for young people aged 11–25.



Tel: 0808 808 9120

Text message: 07896 880 011

Email: confidential@otrbristol.org.uk

www.otrbristol.org.uk

Unity Sexual Health

A free and confidential service for Bristol, North Somerset and South Gloucestershire including information on FGM, domestic violence and abuse, consent and sex, and sexual exploitation.



Be Informed.
Be Safe.
Be In Control.

Tel: 0117 342 6900

www.unitysexualhealth.co.uk

SARSAS and **Next Link** are also able to offer advice and support for young people experiencing gender-based violence (see contact details on pages 17 and 12).



Somerset & Avon

rape & sexual abuse support



NEXTLINK.

changing the face of
domestic abuse support services

Main contacts **nationally**

NSPCC

Offers services for children and their families as well as professionals. If you are worried about a child, you can contact the 24-hour helpline for help, advice and support.

NSPCC

Helpline tel: 0808 800 5000

Email: help@nspcc.org.uk

NSPCC also offer ChildLine, a free, 24-hour, private and confidential service for children and young people up to the age of 19

ChildLine tel: 0800 1111

www.nspcc.org.uk

The Hideout

An online resource to help children and young people understand and take positive action on domestic abuse.



www.thehideout.org.uk

Other Sources of Help and Advice

The Survivor Pathway

A guide for professionals and concerned others to the referral pathways for rape and any kind of sexual abuse or assault providing information on specialist sexual violence services across the South West.

The pathway is designed to help the survivor or the supporter to consider options, ensure safety is paramount, reflect on what could be useful and provide information on how to access services



www.survivorpathway.org.uk

This is Not an Excuse Campaign

Avon and Somerset Police maintain the This is Not an Excuse website to raise awareness of domestic abuse, rape and serious sexual assault and to signpost to organisations that provide help and support. The website provides general information as well as guidance to help and support people to make the decision that is right for them.



www.thisisnotanexcuse.org

Lighthouse Victim and Witness Care

Supports all victims of gender-based violence that have reported an offence to the police. They can put you in touch with the services you need to cope and recover and guide you through the criminal justice process. If you choose not to report to the police you can also find information about support services in your area.



www.lighthousevictimcare.org

Crimestoppers

An independent charity which gives people the power to speak up to stop crime by phone and online 24/7, 365 days a year. Everyone who gives information stays 100% anonymous; no police contact, no witness statements, no court.

CrimeStoppers.

0800 555 111

100% anonymous. Always.

Tel: 0800 555 111

Anonymous online form: <https://crimestoppers-uk.org/give-information/forms/give-information-anonymously>

www.crimestoppers-uk.org



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www.bristolzerotolerance.com/help-advice

You can also get involved in the initiative as an individual at **www.bristolzerotolerance.com/take-action/take-action-as-an-individual**

Or, as a business or organisation at **www.bristolzerotolerance.com/take-action/take-action-as-an-organisation-or-business**

How to get involved

You can support the Bristol Zero Tolerance initiative as an individual or as an organisation or business. In order to eradicate gender-based violence, we need to have a shared understanding, approach and commitment. Spread the word about the initiative and encourage your workplace, educational institution or other organisations to sign up and take action.

How to get in touch

Charlotte Gage
Partnerships Project Officer

Tel: 0117 916 6553

Email: charlotte@bristolwomensvoice.org.uk

www.bristolzerotolerance.com



@BristolZT



www.facebook.com/BristolZeroTolerance

Supported and funded by:



This guide was originally produced in August 2016 and has been updated in October 2018. To the best of our knowledge the information is accurate as of the date of publication although this may change in the future. We also take no responsibility for the quality of the services provided by any of the organisations listed.